



District Health & Wellness Committee Meeting
February 22, 2023
Virtual Meeting - 3:45 pm

Members present: Kelly Spencer, Kimberly Tucker, Teresa Richardson, Connie Reed, Kim Usery, Erin Wilkes, Andrea Mendoza, Morris Rothfeldt, Kimberly Armstrong, Kim Griffin, Jamie Tokarz, and Lori George.

I. Reports:

District Updates - Michael Byrd, Deputy Superintendent - No report.

Food Services - Erin Wilkes, Director of Food Services completed the Quarterly Menu Review (Ark. 6.06.5). Comments may be found on the shared document:

<https://docs.google.com/document/d/1kzgLsO4St0EVDu8L58RIwHBFNh5Tu4ytLaZPw1iZ8cM/edit>

Committee members discussed the Written Food & Beverage Locally Recommended List (Ark. 6.06.7) and made the following recommendations:

https://docs.google.com/document/d/12RrB_iPDYZKTh1ixynsf1o4kbh70v089NaEq8dRhvDA/edit

Tina Wiley submitted Written Recommendations to the School Board Regarding the Components for Food & Beverage Vending Contracts (Ark. 6.06.9)

Health Services – Vonda Morgan, Director of Nursing - No report

Counseling/Mental Health Services - Emily Taylor, Director of Counseling - No report

Safety & Security Updates - Morris Rothfeldt, Executive Director for Support Services - reported that each campus now has a designated building School Safety Coordinator. These are not school resource officers. These are the point of contact for each building. These coordinators will be meeting March 1st to discuss roles and responsibilities as well as additional safety and security training. Mr. Rothfeldt also reported that the State earmarked \$50 million for districts across the state for school safety. Mr. Rothfeldt and his committee are working on a grant proposal for these funds and these funds will go towards security enhancements district-wide.

School Health Programs – Kelly Spencer, Health & Wellness Coordinator reported that administrators are working on the School Health Index. This is the evaluation of health programs in each building for SY 22-23. Administrators may be asking committee members to assist with this evaluation.

The Spring Fling 5K/Kids' Fun Run will take place at Panther stadium on March 18th. Proceeds from this event goes to the district Physical Education program and two scholarships will be awarded to track athletes. The link to register is <https://runsignup.com/Race/AR/Cabot/SpringFling5k>

Special Programs Track and Field will take place May 25th at Panther Stadium.

Meeting was adjourned at 3:58 p.m.

Next Wellness Committee Meeting - April 26th at 3:45 pm - Virtual Meeting